

## MACRAME CUSHION

**Design:** Lankava, Sanna Peltoluhta

**Finished size:** approx. 45x45cm

**Yarn:** 0.9kg of Chunkymop in Natural white (52) (80% recycled cotton, 20% polyester, 700g = approx. 235m)

**Other supplies:** A hollow curtain rod (aluminium), a needle, and sewing thread.

**Lark's Head Knot = LHK (pic 1):** Fold a length in half. Take the fold around the rod from front to back, take the open ends through the loop, tighten the knot around the rod (= 2 working cords).

**Square Knot = SK (pics 2):** Use 4 cords to make the knot in 2 stages.

**Stage 1:** Take the left edge cord over the 2 middle cords and under the right edge cord, then take the right edge cord under the middle cords and over the left edge cord, through the loop. Tighten by pulling the cords in the opposite directions.

**Stage 2:** Take the right edge cord over the middle cords and under the left edge cord, then take the left edge cord under the middle cords and over the right edge cord, through the loop. Tighten. = 1 SK.

**Alternating Half Hitch Knot = AHHK (pic 3):** Use 2 cords to make the knot in 2 stages.

**Stage 1:** Take the left cord around the right cord from front to back, then back to front, over itself. Tighten.

**Stage 2:** Take the right cord around the left cord from front to back, then back to front, over itself. Tighten.



**Instructions:** Cut 80 lengths of 3.8 m of Chunkymop. Using LHKs, attach the cords onto the rod. Space the cords evenly over an 85cm working space. Work in alternating SKs. Make the 1st row 15 cm below the rod.

**Row 1:** \*Take 4 cords and make 2 SKs\*, repeat \*-\* till the end of row = 40 SKs.

**Row 2:** Take 2 cords and make 2 AHHKs, \*take the next 4 cords and make 2 SKs\*, repeat \*-\* until 2 cords remaining, make 2 AHHKs with the last 2 cords.

Repeat rows 1-2 in total 12 times, then make row 1 once = 25 rows.

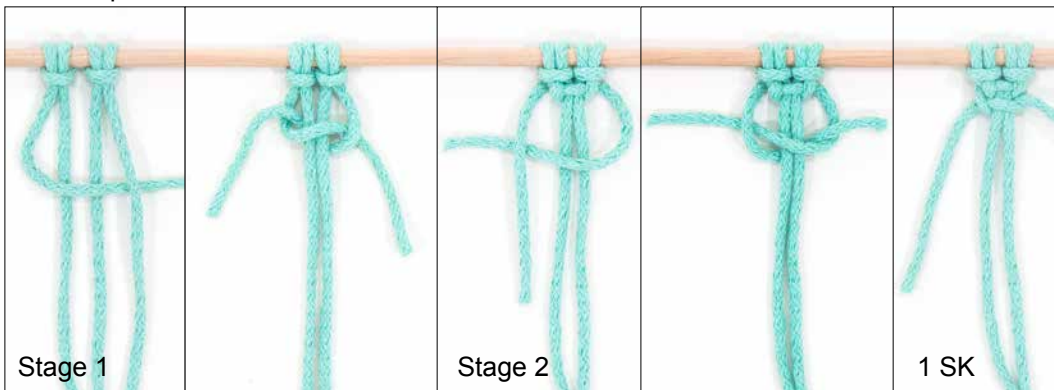
**Finishing:** Remove the rod and cut open the folds to make fringes. Fold the piece in half lengthwise and sew the open ends closed at each AHHK. Close the beginning and ending edges of the cushion using wrap knots (pic 4) as follows: Cut 40 cords of 30 cm for the working cords of the wrap knots (= 20 cords /each end). To make a wrap knot, take 8 fringe cords into a bundle (= 4 cords from the upper piece and 4 cords from the one below). Make an approx. 5 cm high loop with the working cord and place it over the upper edge of the bundle. Take the longer end of the working cord and wrap it tightly around itself and the bundle 6 times, so that the end of the loop and the loose end of the beginning are still peeking. Take the working cord through the loop and pull from the loose end of the beginning until the loop slides underneath the wraps. Cut away the ends of the working cord. Place an inner cushion inside and close the other edge similarly. Cut the fringe ends to even length.

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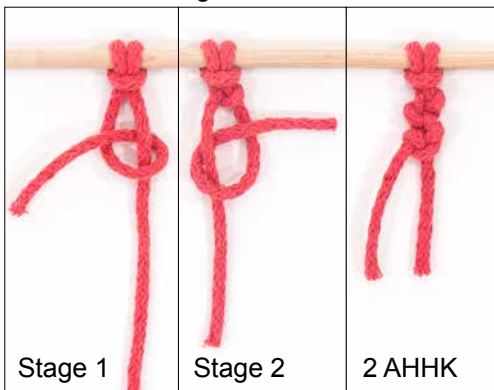
**Pic 1: Lark's Head Knot = LHK**



**Pic 2: Square Knot = SK**



**Pic 3: Alternating Half Hitch Knot = AHHK**



**Pic 4: Wrap knot**



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